



# "The Ark"

St. John's Episcopal Church  
Fallbrook, California  
September 2009



Sept. 21st, First  
Day of AUTUMN

I normally do not tell blonde jokes in the Ark but it's mid-August and the ARK is full of important things coming up this Sept. so sit back and let's see if you are smarter than this young blonde lady caught in a troubling predicament but saved by her boyfriend.

Now some of you are going to think I am being a bit sexist but folks it's just an August joke.

A certain blonde young lady calls her boyfriend and says, "Please come over here and help me.....I have a jigsaw puzzle, and I can't figure out how to get started." Her boyfriend asks, "What is it suppose to be when it is finished?" The young lady says, "According to the picture on the box, it's a tiger," Her boyfriend decides to stop by and help her out with the puzzle. She shows him where she has the puzzle spread out all over the table. He studies the pieces for a moment, then looks at the box, then turns to her and says, "First of all, no matter what we do, we're not going to be able to assemble these pieces into anything resembling a tiger." He takes her hand and says, "Second, I'd advise you to relax. Let's have a cup of coffee, then....." he sighed, "let's put all these Sugar Frosted Flakes back into the box."

I'm sorry if you've heard that one before but let's talk about puzzles. That's appropriate I believe, because, let's face it. Life is puzzling. Relationships are puzzling, Even faith is puzzling, especially if it is a mature faith. Even the most expert puzzle fans know that it's much easier to put together a puzzle if you first look at the picture on the box. The picture on the front of the box is the guide to helping you make sense of all those hundreds of little, disjointed puzzle pieces. If someone handed you a box of pieces, you would drive yourself crazy trying to make something, sensible even beautiful, out of all those pieces.

The Author of John's Gospel helps us see the whole picture with real people, especially the person of Jesus. Life is no longer a random, meaningless jumble of pieces anymore. Our namesake at St. John's Episcopal Church opens his Gospel with the declaration about Jesus: "In him was life, and that life was the light of men." That is where we continue our journey this Fall at St. John's

Always Yours in Christ,  
Fr. Wayne+

# WARDEN'S WORDS

As I was doing "office duty" last week, this lovely prayer came up on the internet. It reminded me so much of our beloved St. John's Episcopal Church, Fallbrook.

O God, make the door of this house

wide enough to receive all

who need human love and fellowship,

narrow enough to shut out

all envy, pride and strife.

Make its threshold smooth enough

to not be a stumbling block to children

nor straying feet, but rugged and strong enough

to turn back the tempter's power.

God, make the door of this house

the gate-way to your eternal kingdom.

AMEN

Please pray this prayer in earnest as we rebuild our parish into the vision that God has for us.

Blessings, Kathy Wood, Your Senior Warden

---

## CONNECT ONLINE



If you are looking for a way to connect with Bishop Mathes or keep updated on diocesan events and announcements, facebook (page 11) is the place to be or go to the Bishops Blog. The address is:

[bishopmathes.blogspot.com](http://bishopmathes.blogspot.com)

## All Fear Is Past And Only Love Is There

(Editor: This was in the ARK 2 years ago and I think it is appropriate to print again.)

Most of us are confused about what is real. Even though we sense there is something more, we attempt to settle for a reality based exclusively on feedback from our physical senses. To reinforce this "reality," we look to what our culture defines as normal, healthy and therefore real.

Yet where does love fit into this scheme of things. Wouldn't our lives be more meaningful if we looked to what has no beginning and no ending as our reality? Only Love fits this definition of the eternal. Everything else is transitory and therefore, in the deepest sense, meaningless.

Fear always distorts our perception and confuses us as to what is going on. Love is the total absence of fear. Love asks no questions. Its natural state is one of extension and expansion, not comparison and measurement. Love, then, is really everything that is of value, and fear can offer us nothing because it is nothing.

Although Love is always what we really want, we are often afraid of Love without consciously knowing it, and so we may act both blind and deaf to Love's presence. Yet, as we help ourselves and each other let go of fear, we begin to experience a personal transformation. We start to see beyond our old reality as defined by the physical senses, and we enter a state of clarity in which we discover that all minds are joined, that we share a common self, and that inner peace and Love are in fact all that are real.

With Love as our only reality, health and wholeness can be viewed as inner peace, and health.

**I love you. I love you. I love you. GOD-**

For the mountains may depart and the hills be removed, but my steadfast Love shall not depart from you, and my covenant of peace shall not be removed, says the LORD, who has compassion on you.

## *Rebuilding With A Brush*

A recent meeting of St. John's office volunteers – as well as snippets of subsequent conversation around the place – have cemented the creation of a church painting committee and resulted in a doubling of its membership.

I always experience a sense of solace and serenity while applying paint or stain to walls, ceilings, canvas, floors or furniture. I seem to be drawn into the surface – and into the liquid substance being applied – as something old, worn and discolored is transformed into something vibrant, alive and renewed.

The ever-present clamor of my mind fades as I watch the paint decide where to flow onto canvas or plaster, wallboard or trim. I find myself becoming one – albeit all too briefly -- with art, craftsmanship and the Creator.

I was bitten by the bug again after we returned to our humble little church – St. John's By The Carwash. It was then I began noticing peeling paint, two-tone walls, dull colors, fading wooden doors and other neglected surfaces throughout our church home.

I soon began to relish the intrinsic joys that this humble mission would bring my spirit. I recognized that it would be an insignificant task in comparison to the financial triage and other crucial challenges fielded by my church brothers and sisters.



I would stand back – a scrap of sandpaper clutched in my hand – as they fulfilled key duties in the still-unfolding quest to mend, heal and sustain our little church.

Quietly – in humble recognition that I was engaged in more of an indulgence than a service – I began painting. First I scraped, sanded and painted the courtyard benches that were peeling their faded brown skin. I picked a color called “Nutmeg.”

Then I focused on the courtyard benches whose spines had remained an unadorned raw wood. A dark stain transformed their parched, pale surfaces into a soothing brown velvet. Splashes of paint and stain began to flow elsewhere as well.

Drips and drabs of paint that I found in my garage began to leap onto the metal ornamentation of some of the courtyard benches. Angels began to emerge, as have avocados and flowers, leaves and trees. The angel's sashes are cerulean blue – which blesses Greece in wonderful abundance. The angel's trumpets will soon gain their rightful glory when a gold enamel flows into their creases and crevices.

continued on page 5

continued from page 4

It was during our little volunteer gathering that the concept of a painting committee took shape. I admitted this avocation – or perhaps an addiction – when **Jane Millsap** asked each of us in turn what tasks we enjoy doing on our volunteer shifts.

I think Jane was secretly hoping I would offer to regularly fold the weekly bulletins that are painstakingly printed and distributed before each mass. I think she was dismayed when I acknowledged my dalliances with the brush.

She noted that some congregation members had pointed out the need for a fresh coat of paint on the inside walls of the pair of offices used by **Father Wayne** and the volunteer secretarial staff.

“Mere child’s play,” I replied, adding that I soon will be seeking new conquests for my brushes, palette and paint cans.

And my mission’s importance within the church seemed to grow as last Sunday’s services unfolded. A whisper reached my ears that Father Wayne was buoyed by the cerulean blue that had replaced the nondescript beige blanketing the 4-foot tall wooden cross near the offices.

Another whisper delivered an appreciation for the benches where work is still under way. Soon after that, **Dale New** said he might be able to secure some scaffolding for the painting committee’s future endeavors.

And finally, just as I was about to drive home, **Keith Goard** pulled me aside. Keith said **Ana**, his 13-year-old daughter who serves as a church acolyte, mentioned that she wants to help paint the benches. Ana has an artist’s soul, Keith explained.

And now we are two, with brushes dipped in cerulean blue.

Lovingly, Tim O’Leary and gang of 2, so far.

---

---

**TELL THE KIDS I LOVE THEM.**

**—GOD**

**“I will be a Father to you, and you will be my sons  
and daughters,” says the Lord Almighty.**

# DON'T *mess* WITH THE COOK

(This works great !!! Good for when all your family is together. The best part is that no one has to wait for their special omelet !!!)

Have guests write their name on a quart-size Ziploc freezer bag with permanent marker. Crack 2 eggs (large or extra-large) into the bag (not more than 2) shake to combine them.

Put out a variety of ingredients such as: cheeses, ham, onion, green pepper, tomato, hash browns, salsa, etc.

Each guest adds prepared ingredients of choice to their bag and shake. Make sure to get the air out of the bag and zip it up.

Place the bags into rolling, boiling water for exactly 13 minutes [we did 15 minutes]. You can usually cook 6-8 omelets in a large pot. For more, make another pot of boiling water.

Open the bags and the omelet will roll out easily. Be prepared for everyone to be amazed.

Nice to serve with fresh fruit and coffee cake; everyone gets involved in the process and a great conversation piece.

Imagine having these ready the night before, and putting the bag in boiling water while you get ready. And in 15 minutes, you've got a nice omelet for a quick breakfast!!!

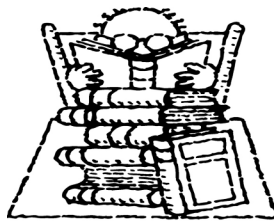


## SCRIPTURE CONTEMPLATION

There were many spiritual happenings in the first part of the 16<sup>th</sup> Century. That was the time of Henry VIII, Luther, Calvin etc. It was also the time (1491-1556) that Ignatius of Loyola lived. His writings have been my lifetime Spiritual Guide and I would like to share a few thoughts with you from this marvelous Christian Mentor's Method of Prayer. Ignatius developed a manner of praying and spent his whole life expounding what has become known as **Ignatius Spirituality**. One particular way is called : **Ignatian Scripture Contemplation**. Here's how to spend a prayer period.

Find yourself a quiet place, where you won't be disturbed. Have the Bible open at a Scripture passage you have chosen. Have a pen and copybook close at hand for God will also be speaking to you! Begin prayer by praising God and Glorifying Him by whatever words, hymns and thoughts you know. Try to realize the Grandeur of God and the weakness, sinfulness of your humanity. Then ask for Grace. Name the grace specifically: hope, forgiveness, kindness, mother's illness, dad's anxiety, world peace, deepened love, more joy, patience etc.

Then let God fill you once, for the eyes, and a second time in your mind, then in your heart. What color are Jesus' eyes? His Followers: Peter, John. they are saying. Examine what (Luke 17:11-19) see the hand



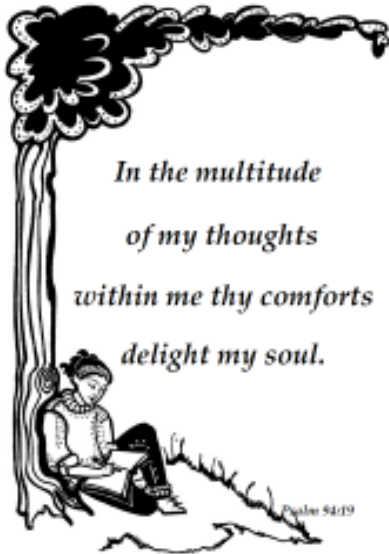
with His Wonderful Gifts. Read the passage and time for the heart. Now imagine the scene in your heart. EXPERIENCE it with all five senses. His tunic, his hair, long or short? See each of James, Matthew, Magdalene etc. Hear what they are doing. When they meet the ten lepers and foot and eye wounds, smell dead flesh, see



the dirt and bandages falling off, touch them,, feel the sun, the heat/cold, the countryside, the trees, the animals, the border. In other words: REMAKE THE SCENE in your mind. Then let the scene repose in your heart. Love, care for, examine every person in the scene, every object in the scene. Allow the scene to "take flesh" in your mind...then descend to your heart. Stay in that mode. **YOU ARE CONTEMPLATING THE SCRIPTURE...CHRIST. HIS LIFE, GESTURES, WORDS.** Now focus, not on 2000 years ago, but on **RIGHT NOW, RIGHT HERE.** Prayer is for today: **HIC ET NUNC** Ignatius would say in Latin. Next allow the Scripture Scene to become present in your daily "**HERE AND NOW**".

As Jesus heals the lepers, see the healing hand of God around you, on you, in you. As God answered their prayers, see God answering the prayers all around you every day. Where is the leprosy? Where are the lepers in today's society? You and I are parts of them...getting healed by God/Jesus. Look at the lepers hands...see the **healings**...see **your own leprosy** go away... **BE HEALED BY CHRIST**

continued from page 7

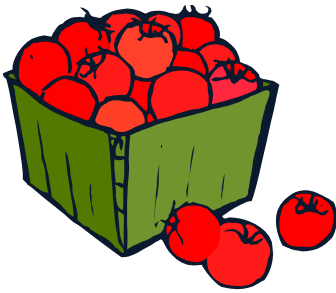


hear the shouts, the Joy of Reborn health. Hear your own shouts of Renewed Joy as you too, have been healed by the Power of Christ's Spirit living within you. Stay with those thoughts, those feelings, that excitement, that Faith, that Glory for as long as you can. When you become distracted, go back over the whole scene again and again. Read the Scripture, make the scene, See everything, everyone, allow it to go to your heart and then make the scene come alive in your daily life.

This is the most beautiful way to experience Jesus in the Scriptures. And it works!! Three times in my life, I was able to follow this method for thirty straight days, praying five prayer periods a day. Each time, I left the retreat experience TOTALLY CHANGED and MUCH CLOSER TO JESUS CHRIST. My email is [ms1628@verizon.com](mailto:ms1628@verizon.com) and phone is 1-951-676-9262. If you would like to exchange on anything above, or have some questions, I would enjoy talking with you. Blessings, Malcolm Smith

---

## THE FRUITFUL EARTH



Are you being squashed by your squash? Plum tuckered out by your plums? Been there with beans? If you have extra garden bounty, don't let it go to waste! Box it up and take it to the Fallbrook Food Pantry any day before noon (Aviation between Main and Mission--look for the sign on the gate). Or if you're too busy or too tired to pick, call the Senior Center and they'll send out a crew to do it for you and take your unwanted produce to folks who need it. Or bring a

box or two to church, and we'll all welcome it with glad cries. (But don't forget to also bring a few small paper or plastic bags for carry-away). St. John's will have a basket at the entry of the church for donations to the Food Bank every Sunday.

---

## FEAR AND FAITH

"Fear imprisons, Faith liberates;

Fear paralyzes; Faith empowers;

Fear disheartens, Faith encourages;

Fear sickens, Faith heals

Fear makes useless, Faith makes serviceable;

And, most of all, fear puts hopelessness at the heart  
of all,

While faith rejoices in its God."

Harry Emerson Fosdick Via Apple Seeds

***YOUR NEW IMPROVED CHURCH LIBRARY IS NOW OPEN FOR BUSINESS!***

This summer **Mary Mazy** and I have been working at bringing St. John's church library back to life. We've gone over every single book, discarding old, worn, outdated, unreadable or duplicate titles, and making sure that every one of the books, cassette tapes, and videos we put out in the library is interesting, timely, and useful for enriching your spiritual journey.

We've moved the children's books to the Sunday school room, where the little ones are more likely to find them, but we've kept a shelf of books for Big Kids and Teens in the main library. And we've decided to ignore the Dewey Decimal labels that our predecessor so painstakingly stuck on the spines. Instead we've grouped the books into categories, so you can go directly to the kind of reading you're looking for, and we've shelved specially good "Librarians' Picks" face out so you won't miss them. For instance, you'll find signs for:

Fiction—Lots of Jan Karon, as well as those scary Left Behind books. More to come.

C.S. Lewis – Engrossing novels, satire, and nonfiction by and about this great Christian writer. Even a movie.

Henri Nouwen – Another great one, more challenging, but his books come in small doses.

Living the Christian Life – Exciting and inspiring examples and how-to

Faith and Belief – Absorbing and enlightening reading on a variety of faith-based subjects

Grief – Comfort for the bereaved, including books about heaven

Prayer – Guidance for growing your prayer life, and inspiring books of prayers.

Healing Prayer – A fine collection for would-be prayer warriors.

Jesus – His life and teachings in fresh perspectives

Devotionals and Meditations – Want something a bit beyond Day by Day? Take one of these home for jump-starting your morning prayers.

Episcopalian 101 – Research our Episcopal roots and get answers to questions about what and why we believe

Bible study – Lots and lots of great aids to deepening your knowledge of the Scriptures.

Bibles – A whole range of translations, even some that include four or five versions in one volume.

Reference – Everything you need for teaching and researching our faith

Cassettes and videos – For listening in the car or viewing with the whole family

So stop by after coffee hour and choose from this wealth of good reading, viewing, and listening! Just sign up on the clipboard and bring the book or tape back in a month. No fines, we promise!

Patty Campbell

# ABOUT ST. JOHN'S FAMILY



St. John's member **Joe Littell** whose book "A Lifetime in Every Moment" is on our library shelf. He has offered to share his new China Video and we have arranged to have him do this on Sunday, November 8th, with the coffee hour.

Joe has an interesting background in publishing, and a long history of being an Episcopalian, growing up in China as part of a Missionary family. His father was a Bishop of Hawaii. Joe also was a prisoner in Europe during World War II

Some of us saw his original video and he tells us this is a new edition with updates and should be very informative and interesting. So don't forget the date! - Sept. 11th at church

A very nice "Thank You" came from Fr. Bud from St. Peter's Catholic church, it reads;

"Thank you so much for the \$200 for woodworking as a farewell gift.

As I work with the wood I will remember all of you at St. John's.

Working beside you in Fallbrook has been a Joy.

May our Lord continue to guide your church family!

In His Love, **Fr. Bud**"

It was always our pleasure to work with Fr. Bud and his staff. They were so accommodating, giving us space in the evenings also for some of our services that were special. He will be missed.

A note from **Franya Sidoroff** says she is selling Major Market Scrip for 40 boys 11-17yrs.. It's for their Soccer Team. The scrip is like cash, so if you shop at Major Market, please buy the scrip from Franya before you buy your groceries. Support our local Club Soccer Team. Don't forget to save your Major Market receipts too!

Recently there was a class for the Lay Eucharist Ministers that **Fr. Sanders** taught. Now St. John's will be able to cover its members that are not able to come to church to have a personal Communion in their home, hospital, etc. You can feel free to call Fr. Sanders if you need to have Communion brought to you, by either Fr. Sanders or one of the new LEM's.

**When you get to your wit's end, you'll find God lives there.**

**Be ye fishers of men. You catch them - He'll clean them.**

**God doesn't call the qualified, He qualifies the called.**



**St. John's celebrates with you on your birth.**

Look with favor we pray, on your servants

Anita Province	3rd
Sydney Nocon	20th
Ruth Mowat	28th

as they begin another year. Grant that they may grow in wisdom and grace and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. AMEN

# Anniversaries

May the love that began these relationships continue to be nurtured by Almighty God.

Penrhyn & Jane Millsap	3rd	James & Janet Massman	6th
------------------------	-----	-----------------------	-----



## Are you on Facebook?

Become a fan of Episcopal Community Services on Facebook! Read the latest news, connect with others and help us raise awareness about our programs and services.

Joining us online is easy. Just visit [www.facebook.com](http://www.facebook.com) and search for 'Episcopal Community Services.' Click 'Become a Fan' to join our group. Be sure to look for our logo!



## SHOP TALK

\*\*August Board Meeting is August 19<sup>th</sup>, 10:00 a.m.

Shop  
Phone -  
723-9520

Vol. 8, No. 8  
Editor: Kathy Campbell

August, 2009  
Scribe: Helen McCammon

July was a good month!! Our BEST DAY was Tuesday, July 14<sup>th</sup> with \$462 brought in by the crew of Betty, Ann, Frankie and Denise. Best Saturday was our ½ Price Sale on July 11<sup>th</sup> with \$414 generated by Frankie, Ruth, Denise, Betty and Nelson. The next Best (regular) Saturday was July 25 when Carolyn and Elizabeth generated \$250.50. Congratulations all of you for your hard work!

We want to thank all of our Volunteers who serve each day. And we want to WELCOME BACK: Norma Pearson, Janet Watson, Ruth Mowat, Amy Burchard, Nancy Wilshire, Frankie Schwendeman, and Marian Poage.

JOINING OUR STAFF ARE NEW CREW MEMBERS: Anita Province, Victor Baker, Sue Orler, Denise Tate, Stan Nagle, Angie Eberhard, Barbara Stevenson, Ellen Mykkanen and Leon Callary.

MORE NEWS: We have scheduled another Half Price Sale on Saturday, August 1<sup>st</sup> (which grossed \$375) and another Half Price Sale is scheduled for Saturday, August 8<sup>th</sup> from 10-2. ALL BOARD MEMBERS: Remember the Board Meeting, Wednesday August 19<sup>th</sup> a 10 a.m. Also, very important for Board Members and any willing volunteers is TUESDAY AUGUST 11<sup>th</sup> FROM 8-10 A.M. FOR THE ALL-STORE TIDY TIMES when we pull outdated merchandise. Coffee and pastries will be provided for you to enjoy.

BOARD MEETING NOTES: At our July Board Meeting, members voted that we would begin charging sales tax on August 1<sup>st</sup> at 8.75%. The Cash Register has been programmed to figure the tax automatically when a sales figure is entered. Clerks are reminded to RING UP THE SALE FIRST, (the SALES TAX IS FIGURED AUTOMATICALLY), AND THEN RECORD THE AMOUNT SHOWN ON THE REGISTER WINDOW in the sales book. Kathy will show you how to do this if you have questions. (For years, our Thrift Shop has had to pay the sales tax out of our receipts which reduced the amount we could share with community charities.)

AUGUST BIRTHDAYS: Best wishes to: Dan Nikodym, August 2<sup>nd</sup>; Sandy Varley, August 3<sup>rd</sup>, and Norma Pearson, August 17<sup>th</sup>.

FINALLY: Please put these dates on your calendar: AUGUST 8<sup>th</sup>, (Saturday) A second ½ Price Sale from 10-2. AUGUST 11<sup>th</sup> 8-10 a.m.. Tuesday, (At the Shop) ALL BOARD MEMBERS: TIDY TIMES to clear outdated merchandise and AUGUST BOARD MEETING, Wednesday, AUGUST 19<sup>th</sup> 10:00 a.m.

Now, relax, enjoy your fellow workers and STAY COOL!

## SEPTEMBER IN ALL ITS GLORY!!

Sunday, August 30th—Ice Cream Social after church

Sunday, September 6th—Newcomers Sunday

Wednesday, September 9th—Vestry Meeting 6pm at church

Sunday September 13th—Fr. Sanders in Chicago at 50th Anniversary. from Seminary

Wednesday, September 16th—Bible Study 6pm at church

Sunday, September 20th—Fr. Sanders in Tampa for the Blessing his Niece's Wedding

Wednesday, September 23rd—Holy Eucharist—Time to be Announced

Wednesday, September 30th—Contemplative Prayer—Time to be announced

Sunday Flowers, September 6th— Thanksgiving for 33 years of Marriage by

Dr. James & Jan Massman

Sunday Flowers, September 13th —No sign up for Altar Flowers (Yet)

Sunday Flowers, September 20th—No sign up for Altar Flowers (Yet)

Sunday Flowers, September 29th—In celebration for the Birthday of Ruth

Mowat by Dr. Steve & Gail Jones

---

A college drama group presented a play in which one character would stand on a trap door and announce, "I descend into hell!" A stagehand below would then pull a rope, the trap door would open, and the character would plunge through. The play was well received. When the actor playing the part became ill, another actor who was quite overweight took his place. When the new actor announced, "I descend into hell!" the stagehand pulled the rope, and the actor began his plunge, but became hopelessly stuck. No amount of tugging on the rope could make him descend. One student in the balcony jumped up and yelled: "Hallelujah! Hell is full!!"

## SEPTEMBER 2009

### LITURGICAL SCHEDULE YEAR B

Date	1st Lesson	2nd Lesson	Gospel	LEM
Sept. 6	Dale New Proverbs 22:1-2,8-9,	Keith Goard James 2:1-10,14-16	Mark 7: 24-37	Kathy Wood Frankie S.
Sept.13	Gail Jones Proverbs 1:20-33	Jane Millsap James 3: 1-12	Mark 27-38:	Keith Goard Dale New
Sept. 20	Patty Campbell Proverbs 31: 10-31	Margaret O'Leary James 3:13- 4:3,7,12-22	Mark 19:30-37	Jane Millsap Gail Jones
Sept.27	Franya Sidoroff Ester 7:1-6,9-10,20-22 30:1-6	Frankie Schwenderman 2 Corinthians 4:3-6	Mark 9:2-9	Keith Goard Kathy Wood

**Prayers of the people are led by the 2nd reader at their seat.**

Date	Greeters	Ushers	Oblations	Acolytes
Sept. 6	Kathy Campbell	Dr. Jim Massman Dr. Bob Watson	Nora Pearson Ruth Mowat	Ryan Sidoroff Sidney Nocon Devon Nocon
Sept.13	Norma Pearson	Stan Nagle Dave McStay	Aspen Buchard Amy Buchard	Alison Highlen Colleen Highlen Leighton Goard
Sept. 20	Patty Campbell	Keith Goard John Stephens	Janet Watson Susan Ortler	Ana Goard Sara Pearson Cassidy Buchard
Sept.27	Ruth Mowat	Victor Baker Tim O'Leary	Marion New Gail Jones	Devon Nocon Ryan Sidoroff Sidney Nocon

## GOD BLESS THE CHILDREN

A frail old man went to live with his son, daughter-in-law and four-year-old grandson. The old man's hands trembled, his eyesight was blurred, and his step faltered.

The family ate together at the table. But the elderly grandfather's shaky hands and failing sight made eating difficult. Peas rolled off his fork onto the floor. When he grasped the glass, milk spilled on the tablecloth.

The son and daughter-in-law became irritated with the mess. "We must do something about Grandfather," said the son. "I've had enough of his spilled milk, noisy eating, and food on the floor."

So the husband and wife set a small table in the corner. There Grandfather ate alone while the rest of the family enjoyed dinner. Since Grandfather had broken a dish or two, his food was served in a wooden bowl. When the family glanced in Grandfather's direction, sometimes he had a tear in his eye as he sat alone. Still, the only words the couple had for him were sharp admonitions when he dropped a fork or spilled food.

The four-year-old watched it all in silence. One evening before supper, the father noticed his son playing with wood scraps on the floor, he asked the child sweetly, "What are you making?" Just as sweetly, the boy responded, "Oh, I am making a little bowl for you and Mama to eat your food in when I grow up." The four-year-old smiled and went back to work. The words so struck the parents that they were speechless. Then tears started to stream down their checks. Though no word was spoken, both knew what must be done.

That evening the husband took Grandfather's hand and gently led him back to the family table. For the remainder of his days he ate every meal with the family. And for some reason, neither husband nor wife seemed to care any longer when a fork was dropped, milk spilled, or the tablecloth soiled.

Children are remarkably perceptive. Their eyes ever observe, their ears ever listen, and their minds ever process the messages they absorb. If they see us patiently provide a happy home atmosphere for family members, they will imitate that attitude for the rest of their lives. The wise parent realizes that every day the building blocks are being laid for the child's future.

Let us all be wise builders.

AMEN

# THE EPISCOPAL CHURCH WELCOMES YOU

St. John's Episcopal Church  
P. O. Box 1576 Fallbrook, CA 92088  
Phone (760) 599-3404  
E-mail—stjohnsepiscopalfallbrook.com  
The Rev. Canon Wayne F. Sanders  
Priest in Charge

Altar Guild—Pam Stephens  
Choir—Kathy Wood & Kathy Sanders  
Christian Education—Steve Wood  
Clerk—Patty Campbell  
Cursillo—Kathy Wood  
Daughters of the King—Kathy Wood  
Directory—Anita Province  
Healing—Patty Campbell , Kathy Sanders,  
Jane Millsap, Kathy Wood  
Hospitality—Susan Ortler  
Communications—Gail Jones  
Liturgy & Music—Keith Goard ,  
Kathy Wood & Kathy Sanders  
Newsletter—Jane Millsap, Editor Janet  
Watson, Tim O'Leary & Patty Campbell  
Outreach—Bob Watson—Peggy Johnson  
Parish Life—Peggy Johnson, Bob Watson  
Pastoral Care—Bob & Janet Watson  
Phone Tree—Gail Jones  
Planning—Arthur Brown & Dale New  
Prayer List—Patty Campbell  
Prayers & Squares—Mary Mazy  
Sunday School—Steve Wood  
Treasurer—Carol Pearson  
Website—Rick Barclay  
Youth—Keith Goard

Place  
stamp

Address Label Here



**VISION STATEMENT**

We are committed to welcoming, teaching, and inspiring others with the Good News of Christ. . We strive to restore people to unity with God and each other in Jesus Christ, by equipping God's people for ministry and caring for God's world.

**MISSION STATEMENT**

The mission of St. John's Episcopal Church is to be the Good News of Christ Jesus in the world by welcoming and nurturing all as we celebrate God's love.